

Rhode Island Parent Information Network

Chronic Disease Self-Management Education Program Grantee Profile, Fiscal Year 2022

Goals

This 3-year grant aims to:

- Develop or expand capacity to significantly increase the number of older adults and adults with disabilities who participate in evidence-based chronic disease self-management education (CDSME) and self-management support programs to empower them to better manage their chronic conditions.
- Enhance the sustainability of evidence-based CDSME and self-management support programs through the implementation of robust sustainability strategies.

Activities

The grantee and its partners will:

- Pilot a Medicaid billing model utilizing Community Health Workers (CHW) to deliver Chronic Disease Self-Management and Chronic Pain Self-Management.
- Engage Medicaid and Medicare eligible Rhode Islanders living in urban core communities of Providence, Woonsocket, Pawtucket, and Central Falls.
- Assist trained leaders in achieving Community Health Worker Certification (CHW).
- Crosstrain Rhode Island Parent Information Network (RIPIN) and Prospect CHW staff in CDSMP and CPSMP.
- Develop a HIPAA-compliant registration system.
- Enroll as a Medicaid supplier with the State of Rhode Island.
- Develop marketing and outreach strategy targeting 400 Providers and 3,000 consumers.
- Implement Plan-Do-Study Act (PDSA) cycles for continuous improvement.

Interventions

- Chronic Disease Self-Management Program (CDSMP)
- Chronic Pain Self-Management Program (CPSMP)
- Walk with Ease (WWE)

Partners

To achieve the goals of this project, the grantee will collaborate with these key partners:

- AgeSpan
- Own Your Health Collaborative
- Progreso Latino
- Prospect Health Systems
- RI Department of Health
- RI Executive Office of Health and Human Services
- RI Geriatric Education Center
- RI Office of Healthy Aging

Outcomes

The grantee anticipates the following results from this project.

- Engage 1,350 participants in CDSMP and CPSMP.
- Achieve 78% participant completion rate in CDSMP and CPSMP.
- Receive reimbursement from Medicaid for 75% of workshops by year 3.
- Deliver 10% of workshops in Spanish.
- Decrease the total cost of care, ED (emergency departments) use, and inpatient days related to the chronic disease triggering condition for 10% of Prospect participants
- Increase by 10% prospect participants connected to primary care.

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*Chronic Disease Self-Management Education Program Grant Impact Summary
Fiscal Year 2022*

Most Significant Accomplishments

- Over this grant, 1,200 participants were engaged, and 72% of them completed the program.
- Delivered programs in 23 out of 39 rural, urban and suburban cities and towns in Rhode Island.
- Trained 42 new CDSME program leaders.
- Partnered with 87 unique implementation sites such as public housing, senior centers, Accountable Care Organizations, state rehabilitation service providers, and the Department of Health.
- Launched a HIPAA-compliant registration system to capture needed data to support billing and developed a standing order protocol to support referral requirements for Community Health Workers (CHW) billing.
- Successfully demonstrated billing Medicaid for CDSME programs led by CHWs and generated \$36,000 in billing revenue.
- Secured contracts with Prospect Charter Care, City of Providence, and Wood River Health Systems, and promoted a WWE employer challenge to promote healthy habits for employees.
- Launched an outcomes-based bi-directional feedback loop for provider referrals.

Lessons Learned

- Medicaid billing is viable but limited by low Medicaid enrollment among participants (15%). Sustainability requires braided and blended funding streams.
- Capturing insurance data remains a challenge due to privacy concerns.
- Despite the HIPAA-compliant system, participants were hesitant to share insurance information.
- Manual data entry into the national database was resource-intensive and utilized an intern to support data entry into the HAPID database.

What's Next

This project demonstrated successful billing models for sustaining CDSME programs. Despite success, it is imperative to continue advocating for coverage across multiple payer types. RIPIN will continue to build upon success with a blend of contracts, grants, and billing revenue.

CHWs remain a proven viable resource for expanding CDSME programs. We will continue to support the transformation and training of the CHW workforce.

Policy and Advocacy to support CDSME program integration into systems of care remains critical to supporting sustainability efforts.

Grantee Contact

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