

Sanford Health, Sioux Falls, SD

Falls Prevention Program Grantee Profile, Fiscal Year 2025

Goals

This 3-year grant aims to:

- Develop an innovative fall prevention model that integrates virtual delivery, engages community partnerships and leaders, adapts to varying fall risk levels, and provides person-centered care through RN case management.
- Develop and disseminate Section 508-compliant resources and evaluate program impact.
- Aid in older adult participant eligibility and recruitment processes through project community involvement and leveraging external resources.

Activities

The grantee and its partners will:

- Establish regional Stand Strong HUBs in rural areas.
- Integrate an RN Case Manager to match participants with appropriate services.
- Train leaders in person-centered, trauma informed delivery informed by local values.
- Develop and share accessible resources and evaluation tools.

Interventions

- A Matter of Balance: Managing Concerns About Falls
- Bingocize®
- Stay Active & Independent for Life (SAIL)

Partners

To achieve the goals of this project, the grantee will collaborate with these key partners:

- Sanford Health
 - Clinics, Comprehensive Care and Community, Health Co-op, Rural Health, Virtual Care, Trauma Center
- Faith Community Nurse Connection

- Falls Community Health
- Good Samaritan Society
- South Dakota Senior Companion Program
- Sioux Falls Fire and Rescue
- South Dakota Department of Health
- South Dakota Department of Human Services
- Advocate, Connect and Educate (A.C.E) of Southwest Minnesota
- Sioux Falls Parks and Recreation

Outcomes

The grantee anticipates the following results from this project:

- Form at least 3 new community partnerships.
- Expand virtual programming to include Bingocize®.
- Enroll 2,200 participants in evidence-based (EB) Fall Prevention Classes; AMOB 700; Bingocize® 500; SAIL 1000.
- Establish 5 Rural Hub Sites to coordinate EB Fall Prevention Classes across South Dakota and Southwest Minnesota.
- Establish an annual Community-based Fall Prevention Conference with 150 attendees.
- Complete 1000 Fall Risk Screenings with 90% referred to appropriate EP Fall Prevention Programs.

Grantee Contact

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