

Comagine Health (Nevada)

Chronic Disease Self-Management Education Program Grantee Profile, Fiscal Year 2022

Goals

This 3-year grant aims to:

- Develop or expand capacity to significantly increase the number of older adults and adults with disabilities who participate in evidence-based chronic disease self-management education (CDSME) and self-management support programs to empower them to better manage their chronic conditions.
- Enhance the sustainability of evidence-based CDSME and self-management support programs through the implementation of robust sustainability strategies.

Activities

The grantee and its partners will:

- Collaborate with Quality and Technical Assistance Center (QTAC) and Access to Healthcare (AHC) to assess infrastructure gaps, convene partners, develop partnership agreements, and implement a business plan.
- Establish and test a technology plan to support the backbone needs of CDSME delivery partners.
- Increase access to English, Spanish, and virtual programs for older adults with chronic conditions.
- Build health plan buy-in to invest in CDSME programs and secure financially advantageous cross-sector partnerships and agreements with health plans and other funders to increase sustainability.

Interventions

- Chronic Disease Self-Management Program (CDSMP)
- Chronic Pain Self-Management Program (CPSMP)
- Diabetes Self-Management Program (DSMP)
- Enhanced Fitness
- Programa de Manejo Personal de la Diabetes
- Tomando Control de su Salud
- Walk With Ease Self-Directed (WWE)

Partners

To achieve the goals of this project, the grantee will collaborate with these key partners:

- Access to Health Care (AHC)
- Aging and Disability Services
- Nevada Division of Public and Behavioral Health
- Healthy Nevada Quality Technical Assistance Center (QTAC) at Dignity Health
- Southern Nevada Health District
- Unite Nevada
- YMCA

Outcomes

The grantee anticipates the following results from this project.

- Provide in person and virtual programs that are accessible to 87% of older adults in Nevada, reaching those most in need with the system ready to scale to the rest of the state.
- An integrated data management system in place by 2024 that increases partner capacity to receive and triage referrals and manage program data.
- Enroll 700 adults in Self-Management Resource Center Programs by 2025.
- Use data to build the value proposition and develop business case for health plans and other backbone funders.

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Chronic Disease Self-Management Education Program Grant Impact Summary Fiscal Year 2022

Most Significant Accomplishments

- Over this grant, 774 Nevadans were engaged in CDSME programs and Walk With Ease.
- Delivered programs in three Nevada counties: Carson City, Clark, and Washoe.
- Trained 75 new CDSME program leaders.
- Partnered with Dignity Health and Access to Healthcare Network to implement programs.
- Access to Healthcare Network established a flat fee reimbursement rate with Prominence Health Plan.
- Implemented Compass Data Portal to support centralized workshop promotion and data collection.
- Developed a strategic and business plan to define the role of the Wellness Integrated Network of Nevada.
- Established the Wellness Integrated Network of Nevada (WINN) with over 20 organizations, the first statewide network to collectively support CDSME and support programs in the state.

Lessons Learned

- Staff and leadership transitions at partner organizations can cause short-term delays, and new perspectives and insight can contribute to increased success in the long term.
- Collaborative, multi-partner promotional activities are key to success. By engaging an entire network of partners in campaigns and making it easy for them to participate, community members can more easily enroll in programs.
- It takes time, trust, and ongoing technical assistance to implement new data systems. When implementing Compass Data Portal, we prioritized meeting partners where they were in the process and providing guidance along the way.

What's Next

Comagine Health will leverage additional resources and partnerships to continue convening and facilitating WINN as a statewide network focused on sustainable infrastructure for CDSME and support programs. Technical assistance and support for the Compass Data Portal and WINN marketing & engagement activities will continue to grow under work funded by the Centers for Disease Control and Prevention and the Nevada Department of Health and Human Services. Compass Data Portal will continue to be a free resource to program delivery partners, and a centralized workshop search will be available statewide.

The WINN Facebook Page will promote health promotion initiatives and upcoming workshops. The WINN Social Media Directory will continue to be updated to support social media and cross-organizational promotion.

Partners at AHN and Dignity Health have identified other funding opportunities to continue their delivery of CDSMP, DSMP, Tomando control de su salud, and Programa de la manejo personal de la diabetes.

Grantee Contact

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