

New York-Presbyterian Hospital

Falls Prevention Program Grantee Profile, Fiscal Year 2025

Goals

This 3-year grant aims to:

- Develop capacity to increase the number of older adults and adults with disabilities who participate in evidence-based falls prevention programs to empower them to reduce falls and/or their risk of falls.
- Identify and implement one or more robust strategies that will promote the sustainability of evidence-based falls prevention programs.

Activities

The grantee and its partners will:

- Establish a Telehealth Falls Prevention Clinic that will serve older adults and adults with disabilities in the New York City metropolitan area.
- Increase rapid referral and evidence-based intervention for older adults being discharged from the Emergency Department after a fall.
- Refer program participants to local older adult centers for continued falls prevention education and community building.

Interventions

- A Matter of Balance (AMOB)
- Tai Chi for Arthritis
- Bingocize

Partners

To achieve the goals of this project, the grantee will collaborate with these key partners:

- NYP Emergency Departments
- NYC Older Adult Centers
- Carter Burden Network

Outcomes

The grantee anticipates the following results from this project.

- Hire two full-time staff dedicated to the recruitment of program participants and delivery of evidence-based falls prevention education.
- 415 total participants in A Matter of Balance (AMOB).
- 280 total participants in Tai Chi for Arthritis and Falls Prevention.
- 410 total participants in Bingocize.

Grantee Contact

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