

New York State Department of Health / Health Research, Inc.

Falls Prevention Program Grantee Profile, Fiscal Year 2025

Goals

This 3-year grant aims to:

- To enhance statewide infrastructure to engage and recruit older adults (60 years and older) while prioritizing subpopulations with Parkinson's Disease, Traumatic Brain Injury, and depression.
- To disseminate guidance and tools for program implementation across New York state.

Activities

The grantee and its partners will:

- Develop an innovative fall prevention method that increases statewide capacity to deliver in-person and virtual person-centered, trauma-informed programs to older adults with greatest economic and social needs.
- Evaluate impact of programs and delivery methods on reducing falls and fall risk and meeting individuals' critical needs, using results to develop and disseminate specialized resources.

Interventions

- Tai Chi for Arthritis and Fall Prevention
- Stay Active and Independent for Life
- A Matter of Balance

Partners

To achieve the goals of this project, the grantee will collaborate with these key partners:

- Stony Brook Medicine/Long Island Falls Free
- Stony Brook Southampton Center for Parkinson's Disease
- Mental Health Association of New York State

- Brain Injury Association of New York State
- New York State Office on Aging and County Offices on Aging
- Seneca Nation of Indians
- Prevent Child Abuse New York - training module

Outcomes

The grantee anticipates the following results from this project.

- Empower older adults by modifying risk factors.
- Increased awareness/utilization of evidence-based fall prevention programs.
- Increased recruitment and referral strategies to reach target populations.
- Development of new partnerships to secure the sustainability of programs.

Grantee Contact

Michael Bauer, MS

Director, Bureau of Occupational Health and Injury Prevention

New York State Department of Health

(518) 402-7900

Michael.bauer@health.ny.gov