

Education Health & Research International

Chronic Disease Self-Management Education Program Grantee Profile, Fiscal Year 2025

Goals

This 4-year grant aims to:

- Increase statewide capacity to provide chronic disease self-management.
- Develop CDSME resources for providers and the public which will be disseminated statewide and ensure program sustainability and replication.

Activities

The grantee and its partners will:

- Recruit older adults 60+ and disabled adults with behavioral health conditions (depression, anxiety, PTSD) or who have behavioral health stressors (new diagnosis, loss of a loved one, change in finances, caregiver);
- Provide accessible CDSME programming to the target population throughout Delaware;
- Develop an expansive network of partners for participant recruitment and referrals;
- Foster a coalition with Aging and Disability Services Networks and behavioral health providers;
- Expand program delivery sites;
- Create a substantial pool of providers/lay leaders to deliver CDSME programming;

Interventions

- Chronic Disease Self-Management Program (CDSMP)
- Home Meds

Partners

To achieve the goals of this project, the grantee will collaborate with these key partners:

- Modern Maturity Center
- Easterseals in Delaware and Eastern Shore Maryland
- Mental Health Association in Delaware

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- Jewish Family Services
 - Beebe Healthcare
 - La Red Health Center

Outcomes

The grantee anticipates the following results from this project.

- Six hundred total participants in CDSME with 420 completers.
- Two hundred total participants will be enrolled in Home Meds for medication assessment.

Grantee Contact

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