

**Publications Stemming from the National Chronic Disease Self-Management Education (CDSME)  
and Falls Prevention Databases**  
(Rev 9-24-2025)

**PEER-REVIEWED ARTICLES:**

Regan, E.W., Cameron, K., Herrera-Venson, A., Juarez, G.A., Subashan, P., Vincenzo, J., Brach, J.S., (2025). Characteristics of Evidenced-Based Falls Prevention Program Completers and Non-Completers and Difference in Outcomes J Aging Health. (2025). Mar 17:8982643251327032. doi: [10.1177/08982643251327032](https://doi.org/10.1177/08982643251327032) PMC: 2025 Aug 16 PMCID: PMC12353147 NIHMSID: NIHMS2074508 PMID: [40096630](https://pubmed.ncbi.nlm.nih.gov/40096630/)

Smith, M.L., Han, G. (2024). [Effectiveness of evidence-based fall prevention programs to reduce loneliness in the United States](https://doi.org/10.3389/fpubh.2024.1459225). Frontiers in Public Health. Vol. 12. <https://doi.org/10.3389/fpubh.2024.1459225>

Schafer, M.A., Upright, P., Michalik, J.L., Crandall, K.J. (2023). Impact of 10-Week Evidence–Based Falls Prevention Program on Outcomes Related to Falls Risk in Community-Dwelling Older Adults. [Int J Exerc Sci](https://doi.org/10.70252/YUZU3994) Aug 1;16(7):1131–1141. doi: [10.70252/YUZU3994](https://doi.org/10.70252/YUZU3994) PMCID: PMC10824292 PMID: [38287933](https://pubmed.ncbi.nlm.nih.gov/38287933/)

Brach, J.S., Juarez, G., Perera, S., Cameron, K., Vincenzo, J.L., Tripken, J. (2022). [Dissemination and Implementation of Evidence-based Falls Prevention Programs: Reach and Effectiveness](https://doi.org/10.1093/gerona/glab197). *The Journals of Gerontology Series A Biological Sciences and Medical Sciences*. Jan 7;77(1): 164-171. doi: 10.1093/gerona/glab197.

Tripken, J., Cameron, K.A., & Eagen, T.J. (2019). [Availability of Evidence-based Community Falls Prevention Programs: Considerations](https://doi.org/10.1111/jgs.16166). *Journal of the American Geriatric Society*. Nov;67(11):2426-2427. doi: 10.1111/jgs.16166. Epub 2019 Sep 18.

Mendez-Luck, C.A., Govier, D.J., Luck, J., Julyan, E.J., Mahakalanda, S., Herrera-Venson, A.P. (2020). [Participation of Latinos in the Diabetes Self-Management Program and Programa de Manejo Personal de la Diabetes](https://doi.org/10.1093/geroni/igaa006). *Innovation in Aging*. Mar 18;4(1):igaa006. doi: 10.1093/geroni/igaa006. eCollection 2020.

Smith, M. L., Bergeron, C. D., Ahn, S., Towne, S. D. Jr., Mingo, C. A., Robinson, K. T., Mathis, J. Meng, L., & Ory, M. G. (2018). [Engaging the underrepresented sex: Male participation in Chronic Disease Self-Management Education \(CDSME\) Programs](https://doi.org/10.1177/1557988317750943). *American Journal of Men's Health*, doi.org/10.1177/1557988317750943

Smith, M. L., Towne, S. D. Jr., Herrera-Venson, A., Cameron, K., Kulinski, K. P., Lorig, K., Horel, S. A., & Ory, M. G. (2017). [Dissemination of Chronic Disease Self-Management Education \(CDSME\) Programs in the United States: Intervention delivery by rurality](https://doi.org/10.3390/ijerph14060638). *International Journal of Environmental Research and Public Health*, 16(6), E638. doi:10.3390/ijerph14060638.

Horrell, L. N., Kneipp, S. M., Ahn, S., Towne, S. D., Jr., Mingo, C. A., Ory, M. G., & Smith, M. L. (2017). [Chronic Disease Self-Management Education courses: Utilization by low-income, middle-age participants](https://doi.org/10.1186/s12939-017-0604-0). *International Journal for Equity in Health*, 16, 114. doi:10.1186/s12939-017-0604-0.

Smith, M. L., Ory, M. G., Ahn, S., Belza, B., Mingo, C. A., Towne, S. D. Jr., & Altpeter, M. (2015). [Reaching diverse participants utilizing a diverse delivery infrastructure: A replication study](https://doi.org/10.3389/fpubh.2015.00077). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2015.00077.

Ahn, S., Smith, M. L., Altpeter, M., Post, L. & Ory, M. G. (2015). [Healthcare Cost Savings Estimator Tool for Chronic Disease Self-Management Program \(CDSMP\): A new tool for program administrators and decision makers](https://doi.org/10.3389/fpubh.2015.00042). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2015.00042.

Smith, M. L., Ory, M. G., Jiang, L., Lorig, K., Kulinski, K., & Ahn, S. (2015). [Workshop characteristics related to Chronic Disease Self-Management Education \(CDSME\) Program attendance](#). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2015.00019.

Smith, M. L., Stevens, J. A., Ehrenreich, H., Wilson, A. D., Schuster, R. J., O'Brien Cherry, C., & Ory, M. G. (2015). [Healthcare providers' perceptions and self-reported fall prevention practices: Findings from a large New York health system](#). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2015.00017.

Ahn, S., Smith, M. L., Altpeter, M., Belza, B., Post, L., Ory, M. G. (2015). [Methods for streamlining intervention fidelity checklists: An example from the Chronic Disease Self-Management Program](#). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2014.00294.

Ahn, S., Smith, M. L., Cho, J., Luohua, J., Post, L., & Ory, M. G. (2015). [Factors associated with successful completion of chronic disease self-management program \(CDSMP\) among Asian participants](#). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2014.00257.

Smith, M. L., Ory, M. G., Ahn, S., Kulinski, K. P., Jiang, L., Horel, S., & Lorig, K. (2015). [National dissemination of Chronic Disease Self-Management Education \(CDSME\) Programs: An incremental examination of delivery characteristics](#). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2014.00227.

Kulinski, K. P., Boutaugh, M., Smith, M. L., Ory, M.G., & Lorig, K. (2015). [Setting the stage: Measure selection, coordination, and data collection for a national self-management initiative](#). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2014.00206.

Jiang, L., Smith, M. L., Chen, S., Ahn, S., Kulinski, K. P., Lorig, K., & Ory, M. G. (2015). [The role of session zero in successful completion of Chronic Disease Self-Management Program \(CDSMP\) workshops](#). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2014.00205.

Smith, M. L., Wilson, M. G., DeJoy, D. M., Padilla, H., Zuercher, H., Corso, P. S., Vandenberg, R. J., Lorig, K., & Ory, M. G. (2015). [Chronic Disease Self-Management Program \(CDSMP\) in the workplace: Opportunities for health improvement](#). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2014.00179.

Mingo, C. A., Smith, M. L., Ahn, S., Jiang, L., Cho, J., Towne, S. D. Jr., & Ory, M. G. (2015). [Chronic Disease Self-Management Education \(CDSME\) Program delivery and attendance among urban-dwelling African Americans](#). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2014.00174.

Smith, M. L., Ahn, S., Jiang, L., Kulinski, K. P., & Ory, M. G. (2015). [Factors associated with Hispanic adults attending Spanish-language disease self-management program workshops and workshop completion](#). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2014.00155.

Towne, S. D. Jr., Smith, M. L., Ahn, S., Altpeter, M., Belza, B., Kulinski, K. P., & Ory, M. G. (2015). [National dissemination of multiple evidence-based disease prevention programs: Reach to vulnerable older adults](#). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2014.00156.

Towne, S. D. Jr., Smith, M. L., Ahn, S., & Ory, M. G. (2015). [The reach of Chronic Disease Self-Management Education Programs to rural populations](#). *Frontiers in Public Health – Public Health Education and Promotion*, doi:10.3389/fpubh.2014.00172.

#### **BOOK CHAPTERS:**

Ory, M. G., Ahn, S., Towne, S. D. Jr., & Smith, M. L. (2015). [Chronic disease self-management education: Program success and future directions](#). In M. Malone, E. Capezuti, & RM Palmer (Eds.), *Geriatrics Models of Care: Bringing 'Best Practice' to an Aging America*. Springer International, Cham, Switzerland. ISBN 9783319160672.

Smith, M. L., Belza, B., Altpeter, M., Ahn, S., Dickerson, J. B., & Ory, M. G. (2012). [Disseminating an evidence-based disease self-management program for older Americans: Implications for diversifying participant reach through delivery site adoption](#). In Maddock, J. (Ed). Public health: Social and behavioral health. InTech: Rijeka, Croatia. ISBN 9799533074992.

**BOOK:**

Ory, M. G., & Smith, M. L. (Eds.) (2015). [Evidence-based programming for older adults](#). Lausanne, Switzerland: Frontiers Media. doi:10.3389/978-2-88919-585-5