

Comagine Health

Chronic Disease Self-Management Education Program Grantee Profile, Fiscal Year 2021

Goals

This 3-year grant aims to:

- Strengthen integrated state, regional, or tribal networks that address the social and behavioral determinants of health of older adults and adults with disabilities.
- Significantly increase the number of older adults and adults with disabilities who participate in chronic disease self-management education and self-management support programs.

Activities

The grantee and its partners will:

- Develop and implement a comprehensive statewide plan for the Community Integrated Network of Oregon (CINO).
- Streamline referral workflows and processes to increase provider referrals and participant enrollment.
- Establish relationships and billing infrastructure between the program delivery hub and health plans to increase program sustainability.

Interventions

- Chronic Disease Self-Management Program (CDSMP)
- Diabetes Self-Management Program (DSMP)
- Programa de Manejo Personal de la Diabetes (Spanish DSMP)
- Tomando Control de su Salud (Spanish CDSMP)
- Walk With Ease (WWE)

Partners

To achieve the goals of this project, the grantee will collaborate with these key partners:

- Connect Oregon Community Information Exchange (CIE)
- Familias en Acción
- Freedmen's Health
- Oregon Health Authority (OHA)
- Oregon Office on Disability and Health (OODH)
- Oregon State University Extension Service (OSU Extension)
- Oregon Wellness Network (OWN), Oregon Association of Area Agencies on Aging (O4AD)

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- Welld Health

Outcomes

The grantee anticipates the following results from this project.

- Engage 1,600 participants in SMRC programs and 1,400 participants in WWE programs.
- Achieve program access in 65% of Oregon counties by April, 2023, and 100% of counties by April 2024.
- Increase program enrollment from provider referrals to 30%.
- Successfully submit 75% of eligible services for reimbursement.

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Chronic Disease Self-Management Education Program Grant Impact Summary Fiscal Year 2021

Most Significant Accomplishments

- A total of 3,065 participants enrolled in CDSME programs over the grant period.
- Delivered programs statewide in Oregon, in 31 of 36 counties, including rural, suburban, and urban areas.
- Trained 188 new leaders for CDSME programming.
- Comagine Health launched the Community Integrated Network of Oregon (CINO) in collaboration with Oregon Wellness Network, comprised of 50+ diverse organizations serving 31 of 36 counties.
- CINO utilizes Compass for data management; 36 program delivery partners have completed MOUs. Compass streamlines workshop management, communication, and data reporting and analytics.
- CINO implemented a collaborative social media directory and campaign. This effort connected our partners, provided customizable content with a unified message, and increased enrollments.
- Oregon Wellness Network established contracts and a claims submission process for DSMT and MNT services in year 3 with 92 services reimbursed during the performance period.
- CINO developed a set of network-wide policies and guidelines related to partnerships, marketing and engagement strategies, referrals, billing and reimbursement, and convening responsibilities.

Lessons Learned

- CINO submitted a request to the Health Evidence Review Commission of Oregon for Medicaid coverage of COSME programs. By stepping into this policy and advocacy role, CINO was able to practice network-wide coordination efforts for scope development and public testimony.
- Acknowledging the need for a strategy to engage health care providers in referring to our hub requires our Healthcare and Clinical Referral Subcommittee to develop a toolkit to support health care teams in understanding referral pathways, workshop registration, Compass usage, etc.
- Having a centralized location to send referrals statewide for CDSME programs provides clarity and ease of access. Leveraging OWN's relationships with program delivery partners made it an easy choice to continue down the path of becoming the statewide referral hub for these programs.

What's Next

Comagine Health and OWN continue to leverage and build upon the CINO infrastructure to facilitate additional improvement initiatives and support priority populations through new funding streams. Building CINO as the foundational infrastructure has enabled us to maintain continuity of services for the

community and our partners, and to focus on building out and strengthening our offerings.

We are also moving into new, innovative partnerships with Reliance e-Health Collaborative, Lifestyle Medicine Group, and others to continue expanding the network's capacity to use and exchange data to support referral, enrollment, delivery, and billing.

Grantee Contact

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